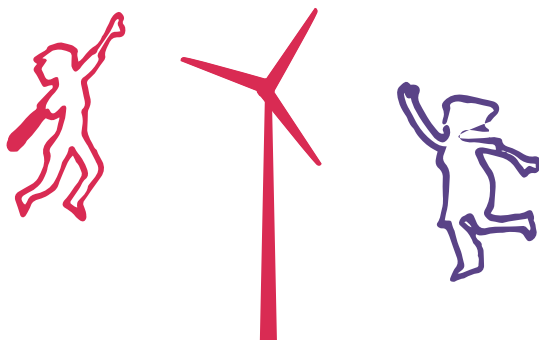


NOGAP
WHAT'S NORMAL?



Partner:



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Co-funded by the
Erasmus+ Programme
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**Community Gardens
for the social inclusion
of youth with Social
Anxiety Disorder**

Where:

Italy, France and Portugal

Duration:

18 months

Description:

The project facilitates the joint design of a prototype of a community garden, considering/teking into account four goals: mental well-being, active participation, green skills, green landscape architecture

Themes:

community vegetable gardens and social agriculture

Target group:

- At least **24 PROFESSIONALS AND REPRESENTATIVES** of organizations working in the field of mental health with people in vulnerable situations;
- At least 4 organizations working in the field of mental health with people in vulnerable situations

Achievements:

- A web page concerning therapeutic horticulture;
- Prototype of a community therapeutic garden;



Activities:

- research about community and therapeutic gardens in EU;
- 3- day study visit in Rome, Italy;
- Design of a therapeutic garden prototype;
- 3-day study visit in Paris France;
- Hackathon for the prototype validation;
- 3-day study visit in Chaves, Portugal;
- Design of a web page dedicated to therapeutic horticulture

Co-funding:

Programme @Erasmus Plus,
Key Action KA2

Small-scale partnerships in youth

