

Partner' Information Form

PIC Number	896288731
Organization ID	E10250539
Full legal name (National Language)	NoGap
Full legal name (Latin characters)	NoGap
Acronym	NoGap
National ID (if applicable)	90019550558
Department (if applicable)	
Address	Via Saracinelli 20
Country	Italy
Region	Umbria
P.O. Box	
Post Code	05018
CEDEX	
City	Orvieto
Website	https://www.no-gap.org
Email	info@no-gap.org
Telephone 1	+39 3480437182
Telephone 2	
Fax	

Profile

Type of Organisation	Association
Is your organisation a public body?	No
Is your organisation a non-profit?	Yes

Legal Representative (the person signing documents)



Title	Ms
Gender	Female
First Name	Giannarosa
Family Name	Onori
Department	
Position	President
Email	amministrazione@no-gap.org
Telephone 1	

Contact Person

Title	Mrs
Gender	Female
First Name	Giulia
Family Name	Vallerani
Department	
Position	Project manager
Email	giulia.vallerani@no-gap.org
Telephone 1	+39 3406735431

Background and Expertise

Please briefly present your organization (e.g., its type, size, scope of work, areas of specific expertise, specific social context and, if relevant, the quality system used).

NoGap is a not-for-profit organization established in Orvieto the 17th of January 2020 in Italy (Umbria Region) with the aim to give voice to marginality and diversity. NOGap embraces the world of psychic suffering, of violence, of exploitation.

What's Normal?

NOGap's motto is a deeply "felt" question. An invitation to reflect on the perception of disadvantage and, of diversity as abnormal and marginal within a community. How and what can we define "normality"? Who decides what is? We give a value to objects, people, behaviors, and situations causing them to relapse in the category of 'normality' or outside, in the area dark and indefinite of abnormality and diversity. We are aware that



categorization hides prejudice and certainties of a specific social class and the foundations of the concepts of exclusion and inclusion. But above all, of possibilities and difficulties. Normality is almost never a choice and above all, it doesn't have to be. Reality includes any difference and any expression of human nature who deserve equal opportunity and dignity. Scientifically speaking any exception means that rule is not correct. Scientifically therefore, even a single exception confirms that normality cannot exist. At NoGap the centrality is given to being a person, to the restitution of a due and expected dignity.

The association aims at creating services and support autonomy paths for young people and women in situations of great vulnerability such as psychic suffering, violence, and exploitation. NoGap wants to guarantee spaces of freedom and the integration of marginality.

WHAT DO WE DO

1. NoGap embraces the world of mental suffering and addictions.

Dual diagnosis presents a complex interaction between mental health and substance use disorders. This coexistence exacerbates the severity of symptoms, complicates treatment outcomes, and increases the risk of recurrence. Furthermore, this intersectionality is reflected in greater social, economic and health disparities.

Dual diagnosis requires a holistic and non-categorizing therapeutic approach.

NoGap works with boys and girls with dual diagnosis.

- NoGap facilitates training, workshops and inclusive entrepreneurship spaces for their professional autonomy
- NoGap creates workshops related to art, creativity, education through local, European and international projects for their empowerment
- NoGap facilitates national, European and international exchanges for the continuous training of professionals working in this sector
- NoGap promotes dialogue and awareness on dual diagnosis, equality, non-discrimination, fundamental rights

2. NoGap fights against gender inequalities and gender violence.

NoGap works with girls in violent situations.

Dual diagnosis hides histories of violence as a result of various factors: Self-medication and dysfunctional coping mechanisms: Substance use can serve as a coping mechanism for individuals experiencing mental health issues or trauma related to gender-based violence. Trauma and mental health: Survivors of gender-based violence often experience trauma, which can contribute to the development of mental health disorders such as depression, anxiety, or post-traumatic stress disorder (PTSD). Conversely, pre-existing mental health disorders can exacerbate vulnerability to violence and complicate recovery. Social stigma and barriers to support: Individuals with dual diagnoses may face stigma and discrimination when seeking support for mental health or substance use issues. Fear of judgement, lack of accessible services and limited awareness of available resources can dissuade survivors from disclosing their experiences of gender violence or accessing help.

NoGap works on the multiple vulnerability of dual diagnosis and gender in which the girls we accompany find themselves.

- NoGap facilitates training, workshops and inclusive entrepreneurship spaces for their professional autonomy
- NoGap carries out workshops related to gender equality, violence, applied art therapies, trauma, through local, European and international projects to help them deal with violence and achieve gender empowerment
- NoGap facilitates exchanges of national, European and international professionals working in this sector for continuous training on gender equality, gender violence, techniques and tools for the accompaniment and care of girls with trauma related to violence.
- NoGap promotes dialogue and awareness on gender equality, gender violence, violence and sexual exploitation behind dual diagnosis.



What are the activities and experience of your organization in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project?

The NoGap Team is constituted by a multi – disciplinary team of psychotherapist of different schools working through the integrated-art and mindfulness approaches; social workers experienced on socio-economic integration of vulnerable subjects having collaborated with private and public entities on rehabilitation and insertion; professionals of the development cooperation sector and of the artistic sector.

Saida Alaya: Master's degree in clinical psychology and Neuropsychology and I Level Master in scientific analysis of facial expressions. She works in the field of gender-based violence, upholding them in the first phase of the emergency and then supporting and accompanying them on their way out of the violence. In NOGap she is project's Manager and Trainer.

Giulia Vallerani: Master's degree in international relationships. Since 2016 she has been project's planner and manager of European and International projects (Balkans Regions, Latin America, and Africa), through different funds (EuropeAid, Italian Agency for Development Cooperation - AICS; AMIF, Erasmus + among the main). In NOGap she is project manager and financial reporting officer.

Simona Granieri: senior social workers. She has been working for the Psycho- Socio - Health Cooperative and the international social services in Rome and since more than 20 years she works accompanying families and vulnerable persons in the access to social rights. In NOGap she is the Vice-president and a project's Trainer.

More at: <https://www.no-gap.org>

European Projects granted in the last 3 years:

EU programme	Year	Applicant/Beneficiary Name	Project Title
Erasmus + KA2 Capacity building in the field of youth	2020	Mouvement du Nid Martinique	Act! Raising awareness and strengthen youth workers skills and competencies on youth trafficking and sexual exploitation!
Erasmus + KA220 - YOU - Cooperation partnerships in young education	2021	The Amsterdam Storytelling Centre	STOP! WORDs IN PROGRESS! The power of narratives in socio-emotional learning
Erasmus + KA220 - YOU - Cooperation partnerships in young education	2022	D'Antilles et D'Ailleurs	Green health: unlocking skills through Healing Gardens
Erasmus + KA210 - YOU – SMALL SCALE partnership	2022	NoGap	Green-up your community: prototype a caring garden for the social inclusion of vulnerable youth



Erasmus + KA220 - YOU - Cooperation partnerships in young education	2023	D'Antilles et D'Ailleurs	Take Part !
Erasmus + KA220 - ADU - Cooperation partnerships in adult education	2023	D'Antilles et D'Ailleurs	WeLens: educational practices through gender lens

